



New Victoria Hospital
Grange Road
Glasgow
G42 9LF

Information about
Video-Urodynamics



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You have been referred for a Video-Urodynamics procedure. This is a combined X-Ray and pressure study of your bladder.

Date:
Time:
Place: Imaging Department (X-Ray Department), New Victoria Hospital, Grange Road, Glasgow, G42 9LF.
To cancel or change your appointment, please contact: Jean McGuigan Urodynamic Nurse Telephone: 0141-201-1529

Before coming to the appointment

No special preparation is required, although, it would be helpful if you could drink extra fluid before coming to the appointment.

Please bring a dressing gown and slippers with you.

Information for women

Menstruation – if you have a period at the time of test it will not affect the results, however, if you prefer another appointment date can be arranged.

Pregnancy – if there is any possibility you could be pregnant you must let us know as the procedure cannot take place.

The day of your appointment

The nurse and consultant will meet you at the Imaging Department (X-Ray Department) at the New Victoria Hospital. This is on the ground floor.

We will explain the procedure in detail and answer any questions you have. Then we will ask you for your consent before we start the procedure.

As with all procedures care will be taken to maintain your dignity, privacy and comfort at all time.

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We will show you into a cubicle to get changed into a gown and your dressing gown.

The procedure should take approximately one hour.
We will ask you to empty your bladder into a toilet that can measure flow.
We will then ask you to go onto an examination table. A local anaesthetic gel will be used for your comfort to allow the nurse to pass a narrow tube (catheter) into your bladder. To record accurate bladder pressure it is necessary to insert a small, soft tube within your back passage. Once the tubes are comfortably in place, fluid will be run slowly into your bladder. We will ask you to tell us when you feel any sensations of wanting to pass urine. We may ask you to cough and then tell us when you cannot hold any more and we will stop the fluid.
The special examination table you are on will be placed in different positions usually sitting or standing depending on the consultant's decision at the time.

The staff will position themselves behind the X-ray screen and ask you to empty your bladder whilst taking an x-ray. Women are helped by a specially designed funnel.
Once the X-ray is completed both catheters will be removed.

After the procedure

It is important to drink plenty of fluids following this procedure as this prevents any irritation developing in your bladder. You should be able to return to all your normal activities without any complications.

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