



Information about your
Urodynamic Test

Acute Services Division

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What is it?

Urodynamics is a measurement of your bladder function. The information we gain from this test can be useful for your Doctor or Urologist to know how to manage your symptoms.

Who will I meet?

There is a nurse who will carry out your test. A technician will also be involved for recording information about your bladder. We will take care to maintain your dignity and comfort at all times.

Is there any preparation?

No you do not need to do any special preparation before you come. Although, it would be helpful if you could drink extra fluid before coming to the clinic.

You can take food as normal, there are no dietary restrictions.

What does it involve?

We will ask you to empty your bladder in a special “toilet”. We will use a local anaesthetic gel for your comfort to allow the nurse to pass a narrow tube (catheter) into your bladder.

To be able to record pressure measurements within the bladder it will be necessary to insert a soft tube within your back passage.

We then fill your bladder with sterile water so that we can record certain information. You will be able to empty your bladder at the end of the test.

How long will it take?

Your test will take 1 hour approximately but please allow 2 hours as unavoidable delays can occur.

What do I need to do following my test?

It is important to drink plenty of fluid following your procedure as this prevents any irritation developing in your bladder.

You should be able to resume all normal activities without any complications.

Follow Up

Once we have analysed your test results further, we will send a report to your Doctor or Urologist. You will then receive an appointment to come back and discuss the results.